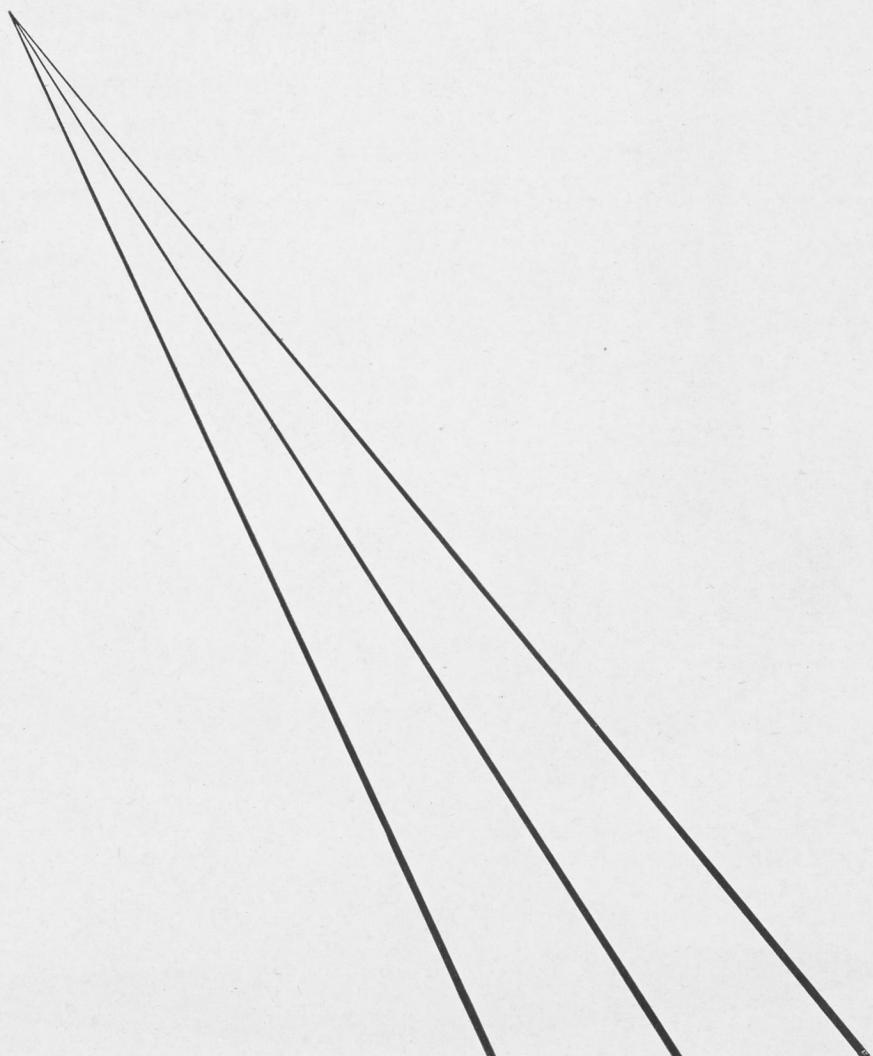
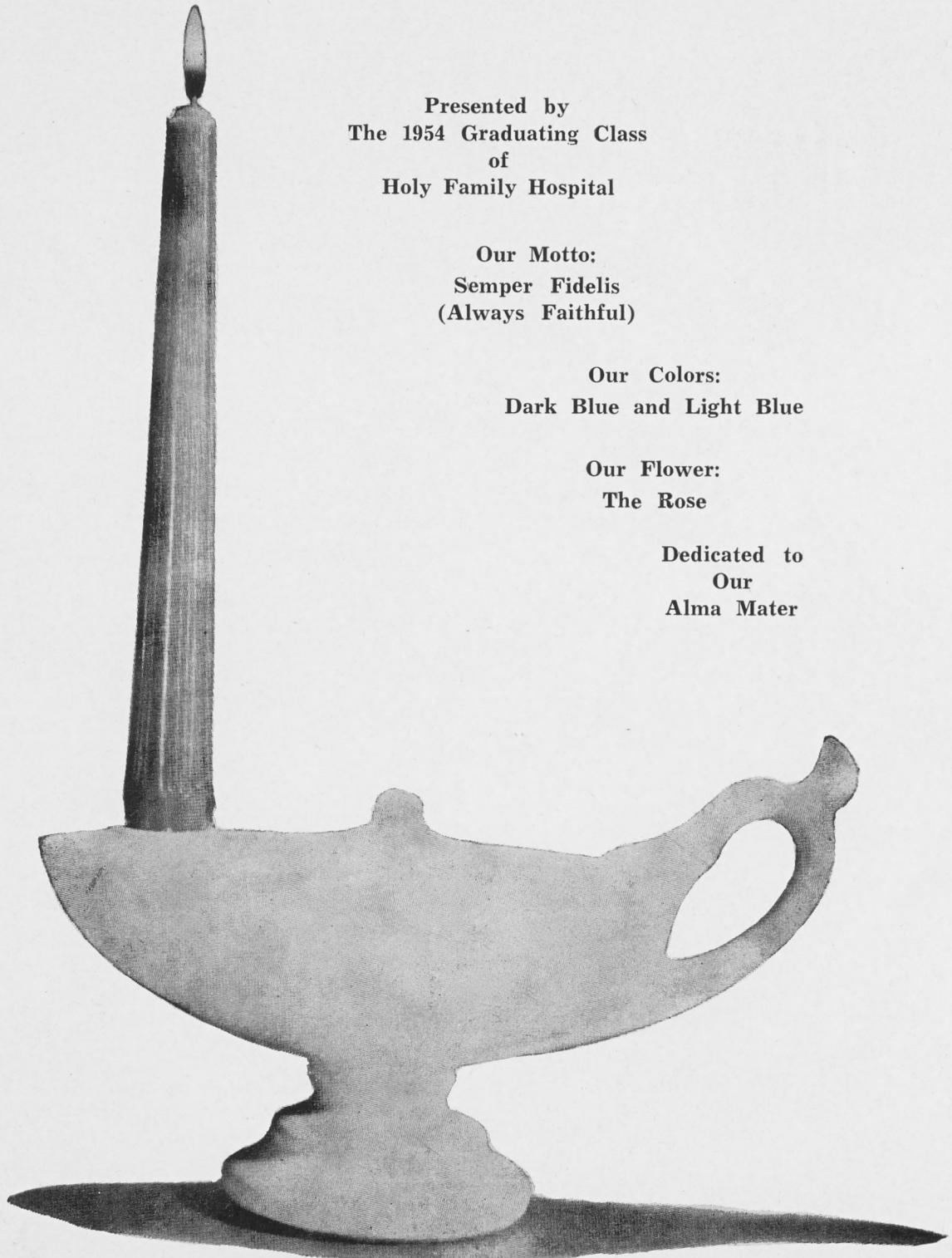


H. F. H.
1953 - 54



H. F. H.
1953 - 54



Presented by
The 1954 Graduating Class
of
Holy Family Hospital

Our Motto:
Semper Fidelis
(Always Faithful)

Our Colors:
Dark Blue and Light Blue

Our Flower:
The Rose

Dedicated to
Our
Alma Mater

The Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly:

To pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and will not take or knowingly administer any harmful drug.

I will do all in my power to elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my profession.

With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.



Back Row (L. to R.): **E. Hardy, J. Belfry, M. Lewis G. Fortier, M. Volk.** Front Row (L. to R.): **G. Fitch, S. Blair, I. Kotelko.** Missing from picture: **J. Brown and C. Lloyd.**

YEAR BOOK STAFF

Editor	- - - - -	J. Brown
Assistant Editor	- - - - -	G. Fortier
Social	- - - - -	G. Fitch
Literary Editor	- - - - -	C. Lloyd
Humor	- - - - -	M. Lewis
Photography	- - - - -	S. Blair
Art	- - - - -	G. Fitch
Alumnae	- - - - -	E. Hardy
Sodality	- - - - -	M. Volk
Business Manager	- - - - -	I. Kotelko
Secretary	- - - - -	J. Belfry

EDITORIAL

As we, the graduates of '54, have reached the height of our ambition, and go out into the world, we will carry with us our motto "Semper Fidelis".

And you, the under-grads, we leave with the hope that you will uphold the standards of our school, and wish you all the best in your nursing career.

— Julia Brown



Student Council Executive: C. Lloyd, J. Belfry, G. Fitch



OUR HOSPITAL



OUR
FUTURE RESIDENCE



Most Reverend Leo Blais, D.D.
Bishop of Prince Albert



Monsignor J. Cybart, Chaplain

When the body of Jesus was taken down from the cross it was placed in the arms of Mary. With what tender devotion did Mary hold the bruised and mangled body of the Divine Son on her sacred lap. Like Mary, the Nurse devotes herself to suffering humanity. Go to the hospitals, through corridors of pain and misery, whether by day or night, you will meet these maids of mercy uniformed white and crisp, ready to bring aid and comfort to helpless victims. Follow the wake of a devastating flood, the ruin of a hurricane, an earthquake, you see these angels in white bathing the wounded brows and binding the wounds of other Christs. As long as there are human beings on this earth there will be physical and mental suffering. Priests administer to the spiritual needs; doctors and nurses alleviate the physical and mental ailments. All co-operate, seeking the eternal welfare of the soul. This is indeed a noble work. Nurses are truly called Angels in White. Christ is the Physician, the best Nurse. No one is more Christ-like than Mary. Treat your patients as Mary nursed her Divine Son, with the same love and consideration.

A glass of cold water given in God's name will not go unrewarded. How great will be the reward for the nurse, when at the call of the last trumpet she lays aside her cap to have it replaced by an everlasting crown of glory.

Monsignor J. Cybart, Chaplain



It is a pleasure for me to make this small contribution to your delightful year book. Our ability to recall the events of the past is one of the most precious faculties of the human mind. That is why, I am certain, that you will always treasure this printed souvenir. As the years pass by, this little book will be your magic mirror to bring back memories of an important phase in your life.

On behalf of the medical staff may I express the hope that the future ahead of you will be rich in accomplishments and will bring you continued happiness in your personal and professional life.

*Dr. A. O. Edes,
President,
Holy Family Medical Staff*

A Message from Our Medical Adviser

It is a pleasure for me to accept this opportunity to offer my congratulations to the Graduating Class of 1954.

Now that you have attained the goal, which looked so distant at the beginning, you should all feel proud and gratified with your accomplishment. Minor disappointments and feelings of frustration, which you may have had, can now be laughed at and forgotten.

It has been a privilege to try to help you over your little ailments from time to time and I hope you will be rewarded with the best of health and happiness as you go out into the larger field of nursing and into the variety of life's channels into which your path may lead.

*Dr. C. L. Tisdale,
Medical Adviser*



It is a pleasure to accept the kind invitation of the nurses to send a little message for the Year Book of 1954.

The noble profession to which you have dedicated yourselves is one which finds a place for every Christian virtue and, besides serving others so well, brings to the nurse herself great human consolation and wonderful spiritual reward. The striking motto of our school "Semper Fidelis" (always faithful) will ever find, I am confident, its true exemplification in the future lives of this year's graduating class of Holy Family Hospital.

Grateful for your constant kindness and wishing you every success, I remain,

*Sister M. Camillus,
Administrator*



It is a pleasure to extend congratulations to you, our graduates of 1954. We know that you will acquit yourselves worthily of your tasks and maintain the splendid traditions of the Graduates of Holy Family. To learn of your success and happiness in your profession and in every walk of your life will be the sincerest desire and realization of our hopes.

May the dear Holy Family bless you a hundredfold.

*Sister M. Germaine,
Director of Nurses*





Farewell to Sister Therese and Mrs. Lewak

The graduates of 1954 and students of Holy Family School of Nursing wish very sincerely to thank Sister Therese, our night supervisor, and Mrs. Lewak, our dietitian, for their splendid effort in making our nurses training a success.

So, with happiness and fond memories we say a loving farewell; we hope that we may see you from time to time in the years ahead.

« Alumnae News »

Bernadette Morin — We are happy to hear of Bernie's marriage to Mr. D. Peterson, on May 1, 1954. She is still nursing in Victoria, B. C.

Elsie Bernhard — Elsie left us last September, and she is working in the Union Hospital at Carrot River, Sask.

Helene Bohn — After a few months with us working in the Operating Room, Helene has left for Montreal, Quebec, to take a six weeks T.C.A. Course.

Jean Dickie — Jean is working General Duty at Melfort, Sask.

Shirley Butcher — We hear 'Butch' has left the Province and is now nursing at Smithers, B. C.

Theresa Doshen — We are very pleased to hear that 'Teddy' is matron at Ituna, Sask.

Jeanne Cichon — Jeanne is now working at the Prince Albert Sanatorium and plans on going to Saskatoon.

Louise Levasseur — We hear that Louise is now working as Supervisor at the Saskatoon Sanatorium.

Margaret Garner — Cupid's arrow has hit the mark again — When is the 'Big Day' Margaret? She is now working at Victoria, B. C.

Olga Doskoch — Having been on staff at Prince Albert Sanatorium for awhile, Olga has gone to Vancouver and is nursing at St. Vincent's Hospital. Hope you like it.

Alba Roberts — We are pleased to hear of Alba's position as matron at Paradise Hill, Sask.

Phyllis Brown — Phyllis having spent a short time with us in Pediatric Ward has left for Mission City, where she is on staff there and working General Duty.

Elva Bates — Our only Albertan — Elva is nursing at Red Deer General Hospital.

Annette Turenne — Having left us last September, Annette was working General Duty at Paradise Hill, but apparently she liked Joe better — She is now Mrs. Siminot and living at Tway, Sask.

Elaine Messer — As far as we know Elaine is still nursing at Tisdale, Sask.

Lois McCombie — Lois is on staff at the Ituna Hospital and working General Duty.

Joan Chynoweth — Joan has left the province and is working in the hospital at Smithers, B. C. and doing General Duty nursing.

Marjorie Hill — Marge is still with us and working in Pediatric Ward, but she is now Mrs. Eugene Marklund, as of July 10, 1954. Marge will soon be leaving for Ottawa, Ont.

Sylvia Kent — Sylvia was a recent visitor in town. We are very pleased to hear of her marriage to Mr. Bremner, on April 19, 1954. She is still nursing at Winnipeg General Hospital.

Jeannette Paulhus — Now Mrs. Rolheiser — Jeannette is nursing at Chilliwack, B. C.

Norma Chafey — Norma is Assistant Supervisor on Third Floor. She is also engaged — When is the big event Norm?

Noreen Chafey — Noreen is still with us and working on First Floor at present — She too is engaged.

Irene Siwak — We see Irene occasionally and she seems to be enjoying herself at Kinistino, Sask., where she is doing General Duty nursing.

Marion Friesen — After leaving H.F.H., she joined the staff at Carrot River Hospital.

Evelyn Cummings — We are pleased to hear that Evelyn is on staff at the Regina General Hospital.

PHYSICIANS and SURGEONS

Humphries Clinic:	Dr. M.I. Humphries Dr. G.P.S. Powles Dr. J.C. Day Dr. J.B. Wallace Dr. J.J. Johnston
Prince Albert Clinic:	Dr. D.V. Chipperfield Dr. O.K. Hjertaas Dr. P.J. Rich Dr. A. Edes Dr. W.A. Matheson Dr. J.N. Lavallee
Associates:	Dr. C.L. Tisdale Dr. A.M.J. Hynes Dr. G.R. Dyker Dr. M. Surkan Dr. H.C.E. Maynard
Associates:	Dr. W.R. Swaffield Dr. W.E. Pourbaix Dr. R.B. Rowed
Associates:	Dr. M.F. Savisky Dr. H V. Towell
Dr. C.M. Finlayson	
Dr. E.A. Shaw (Eye, Ear, Nose and Throat)	
Dr. C.H. Andrews (Eye, Ear, Nose and Throat)	
Dr. Wm. H. Setka	
Dr. H.H. Hall	
Dr. R.G. Green	
D. A.D. McDonald (Indian Affairs)	
Dr. G.E. Stoker (Indian Affairs)	
Dr. T.J. Ho (Radiologist)	

DENTISTS

Dr. J.A. Carris and Dr. G.H. Janzen
Dr. L. Connell and Dr. M. Connell
Dr. N.T. Godfrey and Dr. J. Pourbaix
Dr. J.M. McBrien and Dr. G. Howard
Dr. R.E. Partridge and Dr. N.J. Dust
Dr. E.J. Gaudet
Dr. Robert Reid
Dr. W.G. Yoerger



Graduates



Valedictory

• • •

This hour is the fulfillment of a dream come true. The long-envisioned vista of graduation is now a living reality—hours, days, even years have winged their way into an irrevocable past in order to bring us to this glad-some moment which is but the opening portals of the future.

The thoughts of the graduating nurse in each succeeding year differ very little. We wonder, then, that the one whose privilege it is to express the feelings of her class, on this occasion, will say what has already been said many times. There will never be a day in our lives quite like it, always longed for, and yet with an ever present pathos in the thought of parting from loved associates.

The years of professional training have passed and henceforth the practical knowledge and the Christian ethics acquired must be the guiding principles in the discharge of our duties.

We have been told and shown that no other profession offers such opportunities for service or calls for such devotedness and a sense of responsibility. To others then our life work must be dedicated, to the poor as well as the rich, to the exacting as well as the kind, and to the old as well as to the young. Service may well be the watchword of our lives, for service is the summary of our chosen profession.

To-night, we want to express our thanks to the many who have helped to make our graduation possible.—Our first words to you, then, dear mothers and fathers of all the graduates for your encouragement, your sacrifices so generously made to enable us to follow our chosen calling. With Abraham

Lincoln, we can say! "All that I am or ever hope to be, I owe to my mother" — so think we of our parents. Dear parents, God bless you for what you have done for us.

To our school, we owe deep gratitude for the training in our profession and still more for the character and personality development which we received from the Sisters of Holy Family Hospital. To them all we say, "Thank you", and we promise to be, what you have always wished us to be dear Sisters, faithful and true.

To the doctors who have given so generously of their time, their knowledge and who have so devotedly cared for us during illness, we say sincerely — "Thank you".

With warm feelings of gratitude and appreciation do we welcome here to-night members of the clergy, our mayor and all our friends. To you, may we express our grateful thanks on this occasion.

Dear students of Holy Family, we cannot leave without a word to you, who have been our friends and classmates, about whom most of our treasured memories are woven. Some of you just received your caps, others will perhaps in one year's time receive a diploma on this platform. — So to one and all, a word of advice: study earnestly and perseveringly and use every hour of every day as a stepping stone to your ideal. Though reluctant to part with your smiling faces, we must say — "Farewell".

Dear members of the graduating class, it has been a happiness and an honor for me to have been chosen to speak in your behalf these words of appreciation and to say for you that which this valedictory implies — Farewell to our dear School of Nursing.

During our student days we have been united with ties of friendship deep and strong. These will not be severed by time or distance but will remain with us to brighten our lives in our journey to successful service. We shall never forget the institution that formed us, whose pin we must proudly display, whereon is blazoned our guiding motto: "Semper Fidelis".

As the poet has said:

*"Let us be true for there are those who trust us,
Let us be pure for there are those who care,
Let us be strong for there is much to suffer,
Let us be brave for there is much to dare."*

With these thoughts inspired by our 'motto' before us we bid an affectionate farewell to-night to Holy Family School of Nursing.

Miss Germaine Fortier



Jean Ida Cuthand – Paynton, Sask.
 "A merry heart doth good, like medicine"
 – *Proverb*



Lillian Marie Nedzelski – St. Catherines, Ont.
 Far better than kingly fortunes
 Is the wealth that she doth hold –
 A nature perfectly balanced,
 A beauty of heart untold.



Joyce Lilas Anderson – Fairy Glen, Sask.
 "Smooth runs the water where the brook is deep"
 – *Shakespeare*



Florentina Pressacco – Rose Valley, Sask.
 "She holds her little thoughts in sight,
 Though gay they run and leap" – *Alice Meynell*



Stella Mackiewicz – Alvena, Sask.
 "A perfect woman nobly planned,
 To warn, to comfort and command" – *Wordsworth*



Lillian Margaret Schille – North Battleford, Sask.
 "This is the thing I was born to do" – *Daniel*



Mae Eloise Roberts – Parkside, Sask.
 She has a voice of gladness, and a smile, and
 eloquence of beauty.



Veronica Pajer – Saskatoon, Sask.
 "Speak gently; it is better far
 To rule by love than fear.
 Speak gently; let no harsh words mar
 The good we might do here" – *George Langford*



Solange Cyr – Jackfish Lake, Sask.
 "A merry heart maketh a cheerful countenance"



Shirley May Blair – Choiceland, Sask.
 "Good mind possesses a kingdom" – *Seneca*



Ida Flora McCarter – Eldersley, Sask.

"I have a friend, a kinder friend has no man"
– Charles Lamb



Eve Jean Belfry – Big River, Sask.

"A little nonsense now and then
Is relished by the wisest men" – *Anonymous*



Irene Alexandra Kotelko – St. Boniface, Man.

Her voice was like the voice the stars had,
when they sang together.



Julia Lillias Brown – Birch Hills, Sask.

"To take things as they be –
That's my philosophy.
No use to holler, mope or cuss –
If they were changed they might be wuss"
– John Bangs



Margaret Lillian Lewis – Birch Hills, Sask.

"Learn to make the most of life,
Lose no happy day,
Time will never bring thee back
Chances swept away!" – Sarah Dondney



Helen Rose McLeod – Prince Albert, Sask.

"Let us put away our fears,
And put by all our foolish tears.
And through all the coming years,
Just be glad" – James W. Riley



Molly Amelia Blocka – Rosthern, Sask.

"Strong, constant, pleasant, wise!
Bright effluence of exceeding grace"
– Christopher Smart



Irene Frances Porter – Prince Albert, Sask.

To the young this is a world for action not for
moping and droning.



Gwendolyn Lou Fitch – Prince Albert, Sask.

"Tis easy enough to be pleasant
When life flows by like a song.
But the man worthwhile is the man who will smile
When everything goes dead wrong" – Ella Wilcox



Christiane Marie Polard – Leoville, Sask.

I hear her singing at her work,
Happy must her life be.



Eleanor Beatrice Hardy – Meadow Lake, Sask.

"Good health and good sense are two of life's greatest blessings" – *Syrus*



Josephine Strzalkowski – Clouston, Sask.

"She will be the pattern of all patience"
– *Shakespeare*



Germaine Irene Fortier – Vawn, Sask.

"Prayin' is askin'
And believin' yore goin' to get,
Then goin' out
And gettin' it" – *Blanding*



Colleen Delores Lloyd – Prince Albert, Sask.

All you've got to do is lay your head to the wind
and fight it through.



Carol Trofimluk – Prince Albert, Sask.

"Reasons whole pleasure, all the joys of sense
Live in three words – health, peace and competence"
– *Alexander Pope*

IMMORTAL MINDS

If we work marble, it will perish;
If we work upon brass, time will efface it;
If we rear temples, they will crumble into dust;
But if we work upon immortal minds
And instill into them just principles,
We are then engraving upon tablets which no
Time will efface, but will brighten and
brighten to all eternity.

To deal justice; to make thy heart quick with
mercy, and with understanding,
To make thy hand slow in dealing aught save mercy;
To make thee companionable fully with the day
in a sure understanding;
To measure thyself first and find how light the
measure is,
And lay that 'pon the beam of thy brother,
Ere thou measurest him!



Left to Right: **Rose Giesinger, Marie Aamodt, Marjorie Volk**

January Class of '55

Rose Giesinger — "Truth is the highest thing that man may keep"

Marie Aamodt — Vell really, you are just kidding!

Marjorie Volk — Life is not life at all without delight.

A RECIPE FOR FRIENDSHIP

Select some sound hearts. Be careful not to bruise them with unfeeling words. Take milk of human kindness, one heartful, and plenty of tact. Warm the mixture with sympathy but do not allow it to get too hot at first lest it ferment mischief.

Knead with oil of unselfishness to make all smooth. Beware of jars; keep in a warm corner of the heart.

Time should improve the flavor of friendship. Thus it is improved.



Left to Right: Shirley McLean, Olga Cherney, Verna Willdey, Ollga Lasiuk, Anne Knorr, Rhoda Davidner, Gwendolyn Hiltz

September Class of '55

Ann Knorr — If there is anything better than love, it is loving.

Shirley McLean — Great things have been accomplished by small people.

Olga Cherney — Full of wise sayings and modern instances.

Olga Lasiuk — Fine words! Wonder where you stole them from?

Rhoda Davidner — 'Nights' were long since you went away.

Gwen Hiltz — Diamonds are a girl's best friend.

Verna Willdey — A song will outlive all classes.

CLASS SONG

(Tune — MacNamara's Band)

Oh, we are the probies of H.F.H.,
In '52 we came.
We are a very noisy bunch,
We won't give any names.
We come to classes on the dot,
And leave our books behind,
And when we go to get them,

We forget about the time.
Oh, they ring the bell at six o'clock
To make us rise and shine,
But we get up at half-past-six
And get there just in time.
They drill us with Anatomy,
Health, Nutrition too,
Then we all run down the hall,
To fill ourselves with stew.

We go uptown on Saturday,
Because it is our day off —
We only get six bucks a month,
So we just window shop.
We lovethislife, we think it's grand,
We only wish one thing —
That we had seven overnights a
week
And fifty bucks to fling.



Left to Right: **Lois Dawe, Stella Grela, Christine Peczarski**

January Class of '56

Christine Peczarski — "Red" — The fluttery little gal is always in a dither about something, but we love her just the same.

Lois Dawe — considers life worth living.

Stella Grela — always game for everything — thinks flying is just great except "oh, those air pockets."

CLASS SONG

We are the first C.L.P. girls, C.L.P. girls, C.L.P. girls, you see,
We came to join the happy throng, the happy throng, the happy throng, so happy we agree.
Gall, Tang, Grela, Varga, too, Repchinski, Peczarski, Flasch and Dawe,
Student nurses eight are we, Holy Family, Rah! Rah!
The girls together greeted us, they greeted us, they greeted us, so true.
It was a pleasure to be met by such a crowd of smiling friends so true.
They stared at us so vaguely, we didn'd know what to do.
Our feet felt big, our hands all thumbs. Now we know what to do.
The first bell rings at 6 o'clock, we stagger up and make our beds so neat.
It is no wonder we are sad to have to leave our cozy beds — we're beat.
Stumbling sleepily down the stairs, racing past all our mates.
When we finally open our eyes it is time to eat.
The first day up on the wards, we stood around, and washed our hands so clean,
We scrubbed the sinks, made paper bags to please the nurse who looked so grand to us.
Bed pans, lockers, water, answering bells, carrying trays,
Here and there — to and fro — we tripped along.
Now we're here and want to stay,
Now we're here and hope to stay.
Now we're here and hope to stay,



Back Row (L. to R.): **G. Palmer, N. Golling, J. Goehr, F. Johnson, E. Covey, P. Zelowsky, K. Roberts.**
 2nd Row (L. to R.): **J. Côté, R. Sakowich, M. Lalonde, W. Jameson, F. Buchanan, P. Leier, P. Turner, A. Swenson.**
 Front Row (L. to R.): **S. Smith, J. Hrick, E. Hicks, S. Rybka, V. Szirak, M. Harris, F. White.**

September Class of '56

Noreen Golling — Ambition: Westward bound. Favorite song: "They wouldn't believe me."

Fern White — Ambition: To have a chocolate milk bar on each floor. Favorite song: "Drink to me only with thine eyes."

Phyllis Zelowsky — Ambition: To go to Hawaii. Favorite song: "Hoochie Coochie 'Henry.'"

Terese Lalonde — Ambition: To buy a "morris." Favorite song: "Wish you were here."

Florence Johnson — Ambition: To fly to the moon. Favorite song: "Nola."

Pat Leier — Ambition: To be a nurse. Favorite song: "Don't cry, Joe."

Patsy Turner — Ambition: To invent an electric bedpan carrier. Favorite song: "Wishing on a star."

Edna Covey — Ambition: Live on the coast. Favorite song: "Till Then."

Rose Sakowich — Ambition: To keep my blue eyes sparkling. Favorite song: "I let the stars get in my eyes."

Mary Harris — Ambition: To keep the home fires burning. Favorite song: "Changing partners."

Kathleen Roberts — Ambition: To keep out of trouble for one day. Favorite song: "C'est si bon."

Joanne Côté – Ambition: To enjoy riding in an elevator. Favorite song: “I didn’t know what time it was.”

Josephine Hrick – Ambition: To get extra over-nights. Favorite song: “Come, Josephine, in my flying machine.”

Shirley Smith – Ambition: To see the world. Favorite song: “Elmer Fudd’s Polka.”

Gayle Palmer – Ambition: Board the train. Favorite song: “St. Louis Blues.”

Johanna Goehr – Ambition: Travel. Favorite song: “They call me Flame.”

Agnes Swenson – Ambition: Eating. Favorite song: “My wife is on the Diet.”

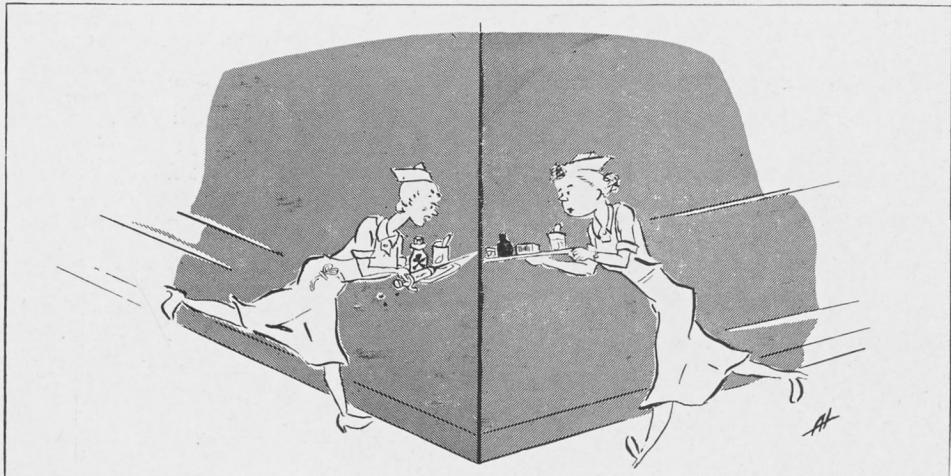
Veronica Szirak – Ambition: Keep the mind happy. Favorite song: “P.S. I love you.”

Wilna Jameson – Ambition: To own McLeod’s Hardware. Favorite song: “Too fat polka.”

Shirley Rybka – Ambition: To keep the certain man happy. Favorite song: “Keep it a secret.”

Edna Hicks – Ambition: To live on the plane. Favorite song: “Flying Saucers.”

Fern Buchanan – Ambition: to grow up a bit. Favorite song: “Sh/Boom.”





Left to Right: Genevieve Roussel, Lorna Stroklund, and Emily Zdrill.

January Class of '57

Genevieve Roussel — Genevieve is the song bird of our class,
From Albertville came this pretty French lass,
To be a nurse was her ambition,
We'll see how well she fulfills her mission.

Lorna Stroklund — Lorna here, Lorna there,
Lorna everywhere,
Any time, any place,
We all love her smiling face.

Emily Zdrill — Emily Zdrill a true friend to all,
Is happy and peppy and sort of tall,
She's up very early and ready to go,
She'll make a wonderful nurse, I know.

Class Song — (Tune of "The Prisoner's Song.)

O, if we had the wings of an angel,
Over these hospital walls we would fly,
We would never be in by eleven,
But we'd almost make it by five.
We start our eight hour duty,
With hypos and bedpans and all,

And we hope we don't frighten our patients,
The first time that we are on call.
But since we ain't got the wings of an angel,
And six months have already gone* by,
We sit here to-night and we're wishing,
The next two years and six months would fly.

Supervisors



Back Row (L. to R.): Miss E. Nicol, Mrs. D. MacKay, Mrs. M. McElhaney, Mrs. F. Twyver, Miss G. Noonan.
Front Row (L. to R.): Sister Carita, Sister Aloysius, Sister Rose Katherine, Sister Mary Philip.

NIGHT NURSE

*She keeps her lonely vigil through the dark and dreary night
Alert and silent, watching in the shaded candlelight.
Her presence is a blessing, for she's ready to perform
The little tasks that make the patient comfortable and warm.
Kind, sensible, capable, and quiet as a mouse
She brings a sense of peace and comfort to the troubled house;
For we can go to bed and sleep and know that she is there,
Content to leave our loved one to her wise and tender care.
God be with these good women as they watch the long night through,
And may they be rewarded for the splendid work they do.*



Sister M. Rosarie



Mrs. Alice Greening

- - Our Instructors - -



Mrs. Jean Johnston



Mrs. Anna Leach

Graduation Day

Graduation has come and gone, but oh, what wonderful memories will remain with us always. After three years, graduation is the fulfillment of a dream come true. The years of professional training have passed, the practical knowledge and Christian ethics acquired must be the guiding principles in the discharge of our duties. We realize now that we are faced with new responsibilities and feel somewhat afraid to leave.

Graduation and the activities that go with it are now memories; they really are vivid memories as if it all happened yesterday. It all started on Tuesday evening when we were the guests of our little sisters at a banquet on the H.F.H. Mayflower, the theme being "The Navy." We were served by sailor waitresses, and all on the menu was in accordance with the theme, from "Ship Ahoy Soup" to "Mermaid Special Dessert." Toasts to the Sisters and the school were responded to by Sister Margaret Marie and Sister Germaine. Miss Cuthand responded to the toast of the graduates. A short program followed. Miss Volk did very well as Master of Ceremonies. Miss Davidner read the Last Will and Testament, and Miss Grela the Prophecy. Misses Willdey and Leier entertained with vocal selections.

Our dance was held on Wednesday evening at the Arcade. The graduates and their escorts attended a banquet at the P.O. Cafe at 5:30 p.m., then at 8:30 everyone met at the Residence to receive corsages from Sister Germaine and Sister Mary Lawrence. At the Arcade, our patrons and patronesses were Dr. and Mrs. Chipperfield, and Dr. and Mrs. Surkan; our Master of Ceremonies, Dr. Hjertaas. This night will be remembered always as a great event in our life.

On Sunday morning, we awakened happily to find the sun shining brightly; we were so afraid of snow or rain. We all attended mass in our chapel. Monsignor J. A. Boucher spoke to us about our goal and nursing. After mass, Sister Germaine and Sister Rosarie ushered us to our places for graduation breakfast. Sister Camillus presented each with the long-awaited for graduation pin.

In the afternoon, the members of the Holy Family Alumnae served tea to the graduates and their parents. A beautiful three tier cake, a gift from Miss Slattery our school secretary, centred the graduates' table.

The few hours remaining from the tea to the exercises flew by and sooner than we realized we were marching down the aisle in the Strand Theatre to receive our diplomas. Dr. A. O. Edes, chairman, opened the exercises with well chosen words. Mayor J.M. Cuelenaere welcomed the parents and friends of the graduates. Reverend J. Simon of North Battleford, in his address to the graduates, urged the nurses to teach reverence in order to restore and protect the rights of the family. Monsignor J. A. Boucher presented the diplomas and awards, the highlight of the evening.

Awards were as follows:

Theory - - - - - Julia Brown General Proficiency - - - Germaine Fortier
Ethics - - - - - Gwen Fitch Bedside Nursing - - - - Lillian Nedzelski
Canadian Nurse Award - - - Molly Blocka

Sodality

The Sodality of the Blessed Virgin Mary has for its object to assemble its members at the feet of the Mother of God, to dedicate them in a very special manner to the veneration and service of the Blessed Virgin, and to place them under her particular patronage and protection both in life and at the hour of death.

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Wherefore, we children of Mary, have every reason to thank God and our celestial Mother for having made us members of this association.

"Mother"

*There are soft words murmured by dear, dear lips
Far richer than any other;
But the sweetest word that the ear hath heard
Is the blessed name of "mother".
Was there ever a name that lived like this?
Will there ever be such another?
The angels have reared in Heaven a shrine
To the holy name of "mother".*

SOCIAL EVENTS

Invitation Social Evening:

An invitation social evening was held in the Recreation room one evening in December.

Novelty dances, games and lunch were enjoyed by all.

The evening was a complete success and everyone went home happy.

Thanks to the C.Y.O. boys and our own Lois Dawe, the record player didn't get much use that night.

Hallowe'en Party:

Screams from frightened nurses and Sisters were heard as they sat on the recreation room floor the night of October 31st.

The reason for the groans and screams was that a ghost was being passed around in the pitch black room, piece by piece (learn more anatomy that way).

The party was lots of fun and, of course, ended with a large lunch.

Dr. Kreele's Bingo Party:

This year there was something new added to the male staff at H.F.H. – that was our Intern Dr. I. Kreele.

When the doctor's stay was over – duties at Toronto University called him back there – we had a surprise Bingo party in his honor.

After reciting quite a revised edition of the Florence Nightingale pledge, Dr. Kreele was presented with a set of transfusion tubing (just a small reminder of his hours well spent). Then on the serious side we presented him with a lovely lighter. Dr. Kreele was very pleased with his gift and even admitted to having, periodically, snatched Sister Mary Philip's communion table matches to light his cigarettes with. We were all sorry to see Dr. Kreele go, and hope he returns to Prince Albert when starting his practice.

Father LeBris' Going Away Party:

Last fall we at Holy Family lost another "old faithful" friend – Father LeBris. The evening before he left there was a party in the Nurses' Residence in his honor. Chatting with Father about old times in the hospital filled most of the evening. After a delicious lunch Sister Germaine presented Father with a Travel Alarm Clock. He was delighted with his gift and was quite sure he could use it the next morning for catching his train on time (not that he was ever late).

Good luck to you, Father, in your new home – North Battleford.

Corn Roast At The Sisters' Farm:

"The corn is just right for roasting out at the farm" must have been overheard by Sister Germaine, Mrs. Greening and Miss Gauronski, because a few days later the talk around the residence was "It's not hard to find!", "Oh, I'm walking out!", or "No, I'm wearing jeans".

The corn roast was held in the morning for the 3-11 staff, and in the afternoon for the 7-3 and 11-7 staffs (and all day for the convenors).

You should have seen the ball and bat go flying when the dinner bell atop St. Mary's Home gonged its first gong to announce the golden corn was ready.

Everyone had a "face filling" good time and went home happy.

The H.F.H. Nurses' Role In The R.C.M.P.'s Ball:

The excitement began about 4:00 p.m. on October 14th. That was when the florists hit the H.F. Nurses' Residence. Even if they weren't orchids, the roses, carnations and baby mums couldn't have meant any more to us.

Yes, the Mounties' Ball was again well represented by the Holy Family nurses. Everyone looked lovely in gowns of different designs and colors. Even Sister Germaine and Sister Therese thought the escorts were very lucky boys to have the nurses as their partners that evening.

Initiation – September Class of '56:

"Never a dull moment" – that is the atmosphere surrounding the Holy Family Nurses' Residence.

Upon the arrival of twenty-two students, initiation was a challenge.

After a harrowing day of bowing to seniors, walking up and down stairs backwards, wearing one high-heel and one low-heel, sitting on the floor, the class presented a program to the Sisters and fellow students.

Entertainment with the class song to the tune of "You'll Get Used to It" – with humorous mention of the monthly allowance, was enacted.

Pat Leier sang "Look for the Silver Lining", and was supported by the chorus.

Rhoda Davidner was Judge for the High Court, with jury consisting of Misses Grela, Hiltz, Lasiuk and Knorr. Wilna Jameson, Master of Ceremonies, presented each student to Sister Superior and the other Sisters.

A delicious lunch concluded the ceremony, and a general late leave was granted to the entire school.

Capping – September Class of '56:

On Thursday evening, twenty-two young women received their long-awaited caps – the first step to the goal of their ambition.

Sister Germaine welcomed the parents and friends to the exercises.

The Nurses' Magnificat was read by Miss Germaine Fortier.

Miss Verna Willdey sang "Bless This House."

Sister Germaine, assisted by Mrs. Greening, capped the students and gave them their H.F.H. pins and bandage scissors.

Miss Irene Kotelko sang "God Made a Nurse".

Then came the taking of the lamp which is the symbol of the nurse.

After the pledge, the students went to the Chapel for the lighting of the candles. Mrs. Leach led the "Act of Consecration".

Father Meehan spoke to the students on their responsibilities as nurses.

Benediction was given by Rev. Father D'Aoust.

To conclude the happy event, refreshments were served to the parents and friends by the newly capped students.

Initiation – January Class of '57:

Rumors of initiating the probies had been going through the residence for some time, then the announcement appeared on the bulletin board:

"Initiation Day, June 26th."

Costumes:

Lorna Stroklund – French peasant

Emily Zdrill – Eskimo

Genevieve Roussel – Spanish maiden

Routine:

1. All beds on the balcony to be made before 7:30 a.m.

2. No smoking.
3. Must talk with their country's accent.
4. Make a necklace of dandelions and wear it.
5. Walk side-ways at all times.
6. Compose a school song.
7. Kneel when meeting a senior.
8. Obey orders of big sisters.

The initiation will end with a lawn supper and court.

Naturally the judge and jury accused us of not obeying rules which we really did obey. Our sentences were many and varied.

June 30th 1954:

June 30, promoted us from probationers to Juniors. This was the day of our capping; an event we had been looking forward to for six months.

After a short interview with Sister Germaine we were called to supper. A nicely decorated cake with three pink candles centered our special table.

The program for the evening was divided into three main portions:

1. Capping ceremony
2. Chapel
3. Reception

The capping ceremony took place in our big classroom. This was followed by a very entertaining program.

The chapel portion consisted of the ceremony of receiving the Nightingale lamp followed by Benediction.

The reception was held in our reception room, where a delightful lunch was served.

So the curtain fell on our probation days and this opened a new phase in our nursing career.

THE SONG HE SINGS

*The man who wins is the man who goes
Ahead with his work each day;
Who's never struck by his adverse luck,
But makes of his labors play;
From early dawn he will toil on,
And know that the world's alright.
And he sings a song as he goes along,
For it sharpens his appetite.*

*The man who wins is the man who smiles
And sees that the sky is blue;
He is always there with a great big share
Of smiles and of sunshine, too;
He never growls, and he never howls
That the world is out of gear—
But he meets the shocks and the jealous knocks
With a great, broad smile of cheer.*

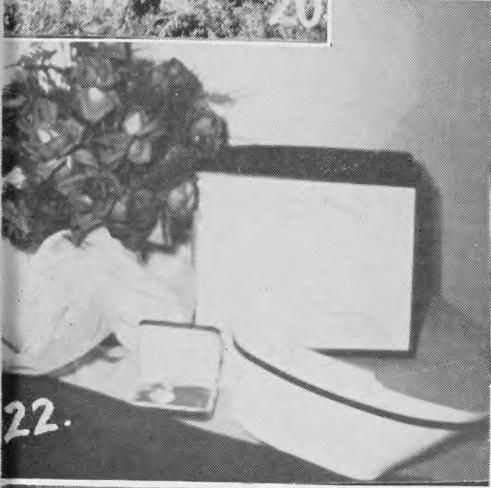
— *Anonymous*

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16. Oh, Happy Daze! 17. Remember Dan McGrew! 18. The Thing. 19. Father St. Nishnik. 20. More Scenes from Paris. 21. Anchors Aweigh. 22. Our goal. 23. What food - angel! 24. Tea - or coffee. 25. Narcotic count - Correct. 26. Hup - 1 - 2 - 3. 27. Guest. 28. Scenes from Paris. 29. Some Pyramid! 30. Fitchie. 31. Oh dear! 32. San Days.

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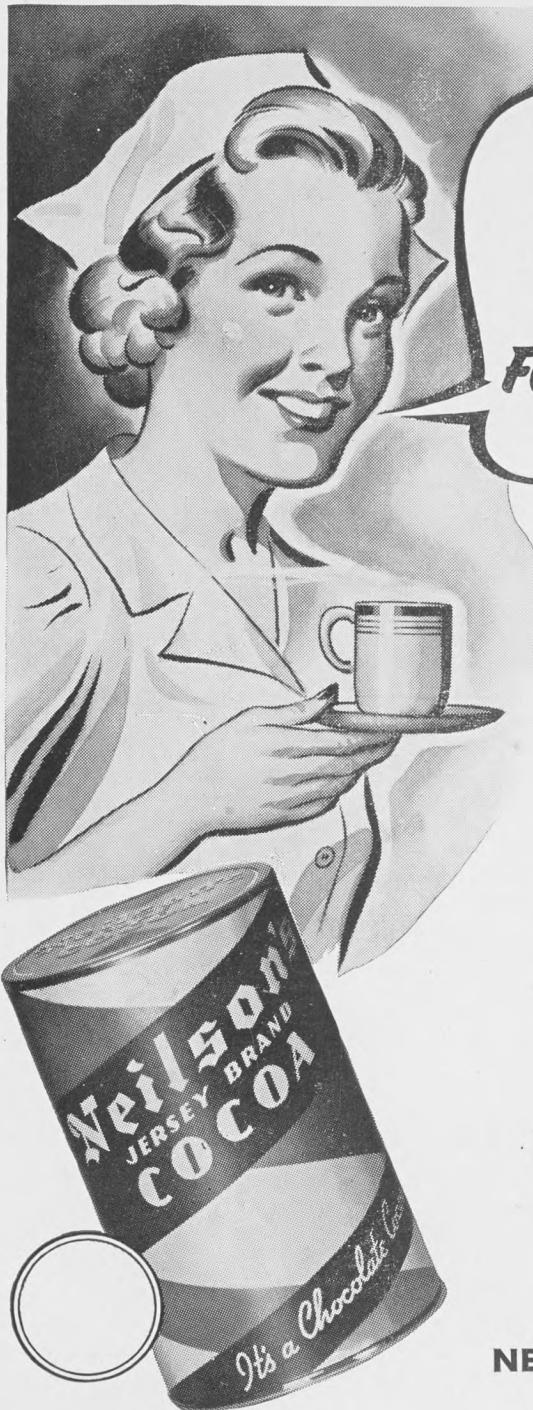
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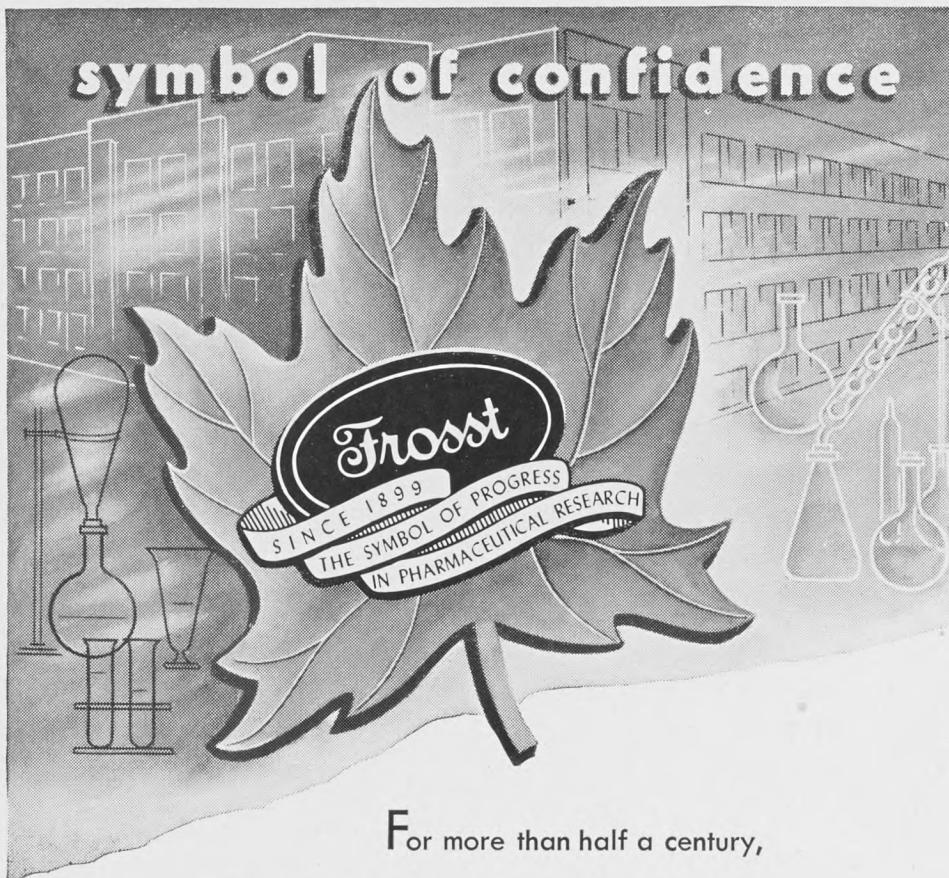
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